

The Myth of Sisyphus

by Albert Camus (1942)

translated by Justin O'Brien (1955)

Absurdity and Suicide

There is but one truly serious philosophical problem, and that is suicide. Judging whether life is or is not worth living amounts to answering the fundamental question of philosophy.

... I see many people die because they judge that life is not worth living. I see others paradoxically getting killed for the ideas or illusions that give them a reason for living (what is called a reason for living is also an excellent reason for dying). I therefore conclude that the meaning of life is the most urgent of questions. How to answer it? ...

There are many causes for a suicide, and generally the most obvious ones were not the most powerful. Rarely is suicide committed (yet the hypothesis is not excluded) through reflection. What sets off the crisis is almost always unverifiable. Newspapers often speak of "personal sorrows" or of "incurable illness." These explanations are plausible. ...

In a sense, and as in melodrama, killing yourself amounts to confessing. It is confessing that life is too much for you or that you do not understand it. ... It is merely confessing that that "is not worth the trouble." Living, naturally, is never easy. You continue making the gestures commanded by existence, for many reasons, the first of which is habit. Dying voluntarily implies that you have recognized, even instinctively, the ridiculous character of that habit, the absence of any profound reason for living, the insane character of that daily agitation, and the uselessness of suffering.

What, then, is that incalculable feeling that deprives the mind of the sleep necessary to life? A world that can be explained even with bad reasons is a familiar world. But, on the other hand, in a universe suddenly divested of illusions and lights, man feels an alien, a stranger. His exile is without remedy since he is deprived of the memory of a lost home or the hope of a promised land. This divorce between man and his life, the actor and his setting, is properly the feeling of absurdity. All healthy men having thought of their own suicide, it can be seen, without further explanation, that there is a direct connection between this feeling and the longing for death.

The subject of this essay is precisely this relationship between the absurd and suicide, the exact degree to which suicide is a solution to the absurd. ...

One kills oneself because life is not worth living, that is certainly a truth—yet an unfruitful one because it is a truism. But does that insult to existence, that flat denial in which it is plunged come from the fact that it has no meaning? Does its absurdity require one to escape it through hope or suicide—this is what must be clarified, hunted down, and elucidated while brushing aside all the rest. Does the Absurd dictate death? ...

Reflection on suicide gives me an opportunity to raise the only problem to interest me: is there a logic to the point of death? I cannot know unless I pursue, without reckless passion, in the sole light of evidence, the reasoning of which I am here suggesting the source. This is what I call an absurd reasoning. ...

Absurd Walls

All great deeds and all great thoughts have a ridiculous beginning. Great works are often born on a street-corner or in a restaurant's revolving door. So it is with absurdity. ...

It happens that the stage sets collapse. Rising, street-car, four hours in the office or the factory, meal, street-car, four hours of work, meal, sleep, and Monday Tuesday Wednesday Thursday Friday and Saturday according to the same rhythm—this path is easily followed most of the time. But one day the “why” arises and everything begins in that weariness tinged with amazement. “Begins”—this is important. Weariness comes at the end of the acts of a mechanical life, but at the same time it inaugurates the impulse of consciousness. It awakens consciousness and provokes what follows. What follows is the gradual return into the chain or it is the definitive awakening. At the end of the awakening comes, in time, the consequence: suicide or recovery. In itself weariness has something sickening about it. Here, I must conclude that it is good. For everything begins with consciousness and nothing is worth anything except through it. ... Mere “anxiety,” as Heidegger says, is at the source of everything.

Likewise and during every day of an unillustrious life, time carries us. ... Yet a day comes when a man notices or says that he is thirty. Thus he asserts his youth. But simultaneously he situates himself in relation to time. He takes his place in it. He admits that he stands at a certain point on a curve that he acknowledges having to travel to its end. He belongs to time, and by the horror that seizes him, he recognizes his worst enemy. Tomorrow, he was longing for tomorrow, whereas everything in him ought to reject it. That revolt of the flesh is the absurd.

A step lower and strangeness creeps in: perceiving that the world is “dense,” sensing to what a degree a stone is foreign and irreducible to us, with what intensity nature or a landscape can negate us. At the heart of all beauty lies something inhuman, and these hills, the softness of the sky, the outline of these trees at this very minute lose the illusory meaning with which we had clothed them, henceforth more remote than a lost paradise. The primitive hostility of the world rises up to face us across millennia. For a second we cease to understand it because for centuries we have understood in it solely the images and designs that we had attributed to it beforehand, because henceforth we lack the power to make use of that artifice. The world evades us because it becomes itself again. That stage scenery masked by habit becomes again what it is. It withdraws at a distance from us. Just as there are days when under the familiar face of a woman, we see as a stranger her we had loved months or years ago, perhaps we shall come even to desire what suddenly leaves us so alone. But the time has not yet come. Just one thing: that denseness and that strangeness of the world is the absurd.

Men, too, secrete the inhuman. At certain moments of lucidity, the mechanical aspect of their gestures, their meaningless pantomime makes silly everything that surrounds them. A man is talking on the telephone behind a glass partition; you cannot hear him, but you see his incomprehensible dumb show: you wonder why he is alive. This discomfort in the face of man's own inhumanity, this incalculable tumble before the image of what we are, this “nausea,” as a writer of today calls it, is also the absurd. Likewise the stranger who at certain seconds comes to meet us in a mirror, the familiar and yet alarming brother we encounter in our own photographs is also the absurd.

I come at last to death and to the attitude we have toward it. On this point everything has been said and it is only proper to avoid pathos. Yet one will never be sufficiently surprised that everyone lives as if no one “knew.” This is because in reality there is no experience of death. Properly speaking, nothing has been experienced but what has been lived and made conscious. Here, it is barely possible to speak of the experience of others’ deaths. It is a substitute, an illusion, and it never quite convinces us. That melancholy convention cannot be persuasive. The horror comes in reality from the mathematical aspect of the event. If time frightens us, this is because it works out the problem and the solution comes afterward. All the pretty speeches about the soul will have their contrary convincingly proved, at least for a time. From this inert body on which a slap makes no mark the soul has disappeared. This elementary and definitive aspect of the adventure constitutes the absurd feeling. Under the fatal lighting of that destiny, its uselessness becomes evident. No code of ethics and no effort are justifiable *a priori* in the face of the cruel mathematics that command our condition. ...

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From the moment absurdity is recognized, it becomes a passion, the most harrowing of all.

... At this point of his effort man stands face to face with the irrational. He feels within him his longing for happiness and for reason. The absurd is born of this confrontation between the human need and the unreasonable silence of the world. This must not be forgotten. This must be clung to because the whole consequence of a life can depend on it. The irrational, the human nostalgia, and the absurd that is born of their encounter—these are the three characters in the drama that must necessarily end with all the logic of which an existence is capable.

Philosophical Suicide

The feeling of the absurd is not, for all that, the notion of the absurd. It lays the foundations for it, and that is all. It is not limited to that notion, except in the brief moment when it passes judgment on the universe. Subsequently it has a chance of going further. It is alive; in other words, it must die or else reverberate. ...

If I accuse an innocent man of a monstrous crime, if I tell a virtuous man that he has coveted his own sister, he will reply that this is absurd. His indignation has its comical aspect. But it also has its fundamental reason. The virtuous man illustrates by that reply the definitive antinomy existing between the deed I am attributing to him and his lifelong principles. “It’s absurd” means “It’s impossible” but also “It’s contradictory.” If I see a man armed only with a sword attack a group of machine guns, I shall consider his act to be absurd. But it is so solely by virtue of the disproportion between his intention and the reality he will encounter, of the contradiction I notice between his true strength and the aim he has in view. Likewise we shall deem a verdict absurd when we contrast it with the verdict the facts apparently dictated. And, similarly, a demonstration by the absurd is achieved by comparing the consequences of such a reasoning with the logical reality one wants to set up. In all these cases, from the simplest to the most complex, the magnitude of the absurdity will be in direct ratio to the distance between the two terms of my comparison. There are absurd marriages, challenges, rancors, silences, wars, and even peace treaties. For each of them the absurdity springs from a comparison. I am thus justified in saying that the feeling of absurdity does not spring from the mere scrutiny of a fact or an impression, but that it

bursts from the comparison between a bare fact and a certain reality, between an action and the world that transcends it. The absurd is essentially a divorce. It lies in neither of the elements compared; it is born of their confrontation. ...

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“We turn toward God only to obtain the impossible. As for the possible, men suffice.” If there is a Chestovian philosophy, I can say that it is altogether summed up in this way. For when, at the conclusion of his passionate analyses, Chestov discovers the fundamental absurdity of all existence, he does not say: “This is the absurd,” but rather: “This is God: we must rely on him even if he does not correspond to any of our rational categories.” So that confusion may not be possible, the Russian philosopher even hints that this God is perhaps full of hatred and hateful, incomprehensible and contradictory; but the more hideous is his face, the more he asserts his power. His greatness is his incoherence. His proof is his inhumanity. One must spring into him and by this leap free oneself from rational illusions. Thus, for Chestov acceptance of the absurd is contemporaneous with the absurd itself. Being aware of it amounts to accepting it, and the whole logical effort of his thought is to bring it out so that at the same time the tremendous hope it involves may burst forth.

...

[T]he absurd is the contrary of hope ... If there is an absurd, it is in man’s universe. The moment the notion transforms itself into eternity’s springboard ... [t]he struggle is eluded. Man integrates the absurd and in that communion causes to disappear its essential character, which is opposition, laceration, and divorce. This leap is an escape. ... The intoxication of the irrational and the vocation of rapture turn a lucid mind away from the absurd. To Chestov reason is useless but there is something beyond reason. To an absurd mind reason is useless and there is nothing beyond reason. ...

The absurd man ... does not undertake such a leveling process. He recognizes the struggle, does not absolutely scorn reason, and admits the irrational. Thus he again embraces in a single glance all the data of experience and he is little inclined to leap before knowing. He knows simply that in that alert awareness there is no further place for hope. ...

Kierkegaard [much like Chestov] takes the leap. His childhood having been so frightened by Christianity, he ultimately returns to its harshest aspect. For him, too, antinomy and paradox become criteria of the religious. Thus, the very thing that led to despair of the meaning and depth of this life now gives it its truth and its clarity. Christianity is the scandal, and what Kierkegaard calls for quite plainly is the third sacrifice required by Ignatius Loyola, the one in which God most rejoices: “The sacrifice of the intellect.” This effect of the “leap” is odd, but must not surprise us any longer. ...

If he substitutes for his cry of revolt a frantic adherence, at once he is led to blind himself to the absurd which hitherto enlightened him and to deify the only certainty he henceforth possesses, the irrational. The important thing, as Abbe Galiani said to Mme d’Epinay, is not to be cured, but to live with one’s ailments. Kierkegaard wants to be cured. To be cured is his frenzied wish, and it runs throughout his whole journal. The entire effort of his intelligence is to escape the antinomy of the human condition. An all the more desperate effort since he intermittently perceives its vanity when he speaks of himself, as if neither fear of God nor piety were capable of bringing him to peace. Thus it is that, through a strained subterfuge, he gives the irrational the appearance and God the attributes of the

absurd: unjust, incoherent, and incomprehensible. Intelligence alone in him strives to stifle the underlying demands of the human heart. Since nothing is proved, everything can be proved. ...

I do not want to found anything on the incomprehensible. I want to know whether I can live with what I know and with that alone. ...

Kierkegaard's view according to which despair is not a fact but a state: the very state of sin. For sin is what alienates from God. The absurd, which is the metaphysical state of the conscious man, does not lead to God. Perhaps this notion will become clearer if I risk this shocking statement: the absurd is sin without God. ...

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I am taking the liberty at this point of calling the existential attitude philosophical suicide. But this does not imply a judgment. It is a convenient way of indicating the movement by which a thought negates itself and tends to transcend itself in its very negation. For the existentials negation is their God. To be precise, that god is maintained only through the negation of human reason. ...

[O]ur aim is to shed light upon the step taken by the mind when, starting from a philosophy of the world's lack of meaning, it ends up by finding a meaning and depth in it. The most touching of those steps is religious in essence; it becomes obvious in the theme of the irrational. But the most paradoxical and most significant is certainly the one that attributes rational reasons to a world it originally imagined as devoid of any guiding principle. ...

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In truth the way matters but little; the will to arrive suffices. The abstract philosopher and the religious philosopher start out from the same disorder and support each other in the same anxiety. ...

[The absurd] is that divorce between the mind that desires and the world that disappoints, my nostalgia for unity, this fragmented universe and the contradiction that binds them together. ... It is essential to know whether one can live with it or whether, on the other hand, logic commands one to die of it. I am not interested in philosophical suicide, but rather in plain suicide. I merely wish to purge it of its emotional content and know its logic and its integrity. Any other position implies for the absurd mind deceit and the mind's retreat before what the mind itself has brought to light. ...

Absurd Freedom

I don't know whether this world has a meaning that transcends it. But I know that I do not know that meaning and that it is impossible for me just now to know it. What can a meaning outside my condition mean to me? I can understand only in human terms. What I touch, what resists me—that is what I understand. And these two certainties—my appetite for the absolute and for unity and the impossibility of reducing this world to a rational and reasonable principle—I also know that I cannot reconcile them. What other truth can I admit without lying, without bringing in a hope I lack and which means nothing within the limits of my condition?

If I were a tree among trees, a cat among animals, this life would have a meaning, or rather this problem would not arise, for I should belong to this world. I should be this world to which I am now opposed by my whole consciousness and my whole insistence upon familiarity. This ridiculous reason is what sets me in opposition to all creation. I cannot cross it out with a stroke of the pen. What I believe to be true I must therefore preserve. What seems to me so obvious, even against me, I must support. And what constitutes the basis of that conflict, of that break between the world and my mind, but the awareness of it? ... Is one going to die, escape by the leap, rebuild a mansion of ideas and forms to one's own scale? Is one, on the contrary, going to take up the heart-rending and marvelous wager of the absurd? Let's make a final effort in this regard and draw all our conclusions. The body, affection, creation, action, human nobility will then resume their places in this mad world. At last man will again find there the wine of the absurd and the bread of indifference on which he feeds his greatness.

Let us insist again on the method: it is a matter of persisting. At a certain point on his path the absurd man is tempted. History is not lacking in either religions or prophets, even without gods. He is asked to leap. All he can reply is that he doesn't fully understand, that it is not obvious. Indeed, he does not want to do anything but what he fully understands. He is assured that this is the sin of pride, but he does not understand the notion of sin; that perhaps hell is in store, but he has not enough imagination to visualize that strange future; that he is losing immortal life, but that seems to him an idle consideration. An attempt is made to get him to admit his guilt. He feels innocent. To tell the truth, that is all he feels—his irreparable innocence. This is what allows him everything. Hence, what he demands of himself is to live *solely* with what he knows, to accommodate himself to what is, and to bring in nothing that is not certain. He is told that nothing is. But this at least is a certainty. And it is with this that he is concerned: he wants to find out if it is possible to live *without appeal*.

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Now I can broach the notion of suicide. It has already been felt what solution might be given. At this point the problem is reversed. It was previously a question of finding out whether or not life had to have a meaning to be lived. It now becomes clear, on the contrary, that it will be lived all the better if it has no meaning. Living an experience, a particular fate, is accepting it fully. Now, no one will live this fate, knowing it to be absurd, unless he does everything to keep before him that absurd brought to light by consciousness. Negating one of the terms of the opposition on which he lives amounts to escaping it. To abolish conscious revolt is to elude the problem. The theme of permanent revolution is thus carried into individual experience. Living is keeping the absurd alive. Keeping it alive is, above all, contemplating it. Unlike Eurydice, the absurd dies only when we turn away from it. One of the only coherent philosophical positions is thus revolt. It is a constant confrontation between man and his own obscurity. It is an insistence upon an impossible transparency. It challenges the world anew every second. Just as danger provided man the unique opportunity of seizing awareness, so metaphysical revolt extends awareness to the whole of experience. It is that constant presence of man in his own eyes. It is not aspiration, for it is devoid of hope. That revolt is the certainty of a crushing fate, without the resignation that ought to accompany it.

This is where it is seen to what a degree absurd experience is remote from suicide. It may be thought that suicide follows revolt—but wrongly. For it does not represent the logical outcome of revolt. It is just the contrary by the consent it presupposes. Suicide, like the leap, is acceptance at its extreme. Everything is over and man returns to his essential history. His future, his unique and dreadful future—he sees and rushes toward it. In its way, suicide settles the absurd. It engulfs the absurd in the same death. But I know that in order to keep alive, the absurd cannot be settled. It escapes suicide to the extent that it is simultaneously awareness and rejection of death. It is, at the extreme limit of the condemned man's last thought, that shoelace that despite everything he sees a few yards away, on the very brink of his dizzying fall. The contrary of suicide, in fact, is the man condemned to death.

That revolt gives life its value. Spread out over the whole length of a life, it restores its majesty to that life. To a man devoid of blinders, there is no finer sight than that of the intelligence at grips with a reality that transcends it. The sight of human pride is unequalled. No disparagement is of any use. That discipline that the mind imposes on itself, that will conjured up out of nothing, that face-to-face struggle have something exceptional about them. To impoverish that reality whose inhumanity constitutes man's majesty is tantamount to impoverishing him himself. I understand then why the doctrines that explain everything to me also debilitate me at the same time. They relieve me of the weight of my own life, and yet I must carry it alone. At this juncture, I cannot conceive that a skeptical metaphysics can be joined to an ethics of renunciation.

Consciousness and revolt, these rejections are the contrary of renunciation. Everything that is indomitable and passionate in a human heart quickens them, on the contrary, with its own life. It is essential to die unreconciled and not of one's own free will. Suicide is a repudiation. The absurd man can only drain everything to the bitter end, and deplete himself. The absurd is his extreme tension, which he maintains constantly by solitary effort, for he knows that in that consciousness and in that day-to-day revolt he gives proof of his only truth, which is defiance. This is a first consequence. ...

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Before encountering the absurd, the everyday man lives with aims, a concern for the future or for justification (with regard to whom or what is not the question). He weighs his chances, he counts on "someday," his retirement or the labor of his sons. He still thinks that something in his life can be directed. In truth, he acts as if he were free, even if all the facts make a point of contradicting that liberty. But after the absurd, everything is upset. ... Thinking of the future, establishing aims for oneself, having preferences—all this presupposes a belief in freedom, even if one occasionally ascertains that one doesn't feel it. But at that moment I am well aware that that higher liberty, that freedom to be, which alone can serve as basis for a truth, does not exist. Death is there as the only reality. ...

... Thus the absurd man realizes that he was not really free. ... [I]t is clear that death and the absurd are here the principles of the only reasonable freedom: that which a human heart can experience and live. This is a second consequence. The absurd man thus catches sight of a burning and frigid, transparent and limited universe in which nothing is possible but everything is given, and beyond which all is collapse and nothingness. He can then decide to accept such a universe and draw from it his strength, his refusal to hope, and the unyielding evidence of a life without consolation.

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But what does life mean in such a universe? Nothing else for the moment but indifference to the future and a desire to use up everything that is given. Belief in the meaning of life always implies a scale of values, a choice, our preferences. Belief in the absurd, according to our definitions, teaches the contrary. ...

If I convince myself that this life has no other aspect than that of the absurd, if I feel that its whole equilibrium depends on that perpetual opposition between my conscious revolt and the darkness in which it struggles, if I admit that my freedom has no meaning except in relation to its limited fate, then I must say that what counts is not the best living but the most living. ...

[O]n the one hand the absurd teaches that all experiences are unimportant, and on the other it urges toward the greatest quantity of experiences. ... To two men living the same number of years, the world always provides the same sum of experiences. It is up to us to be conscious of them. Being aware of one's life, one's revolt, one's freedom, and to the maximum, is living, and to the maximum. ...

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I draw from the absurd three consequences, which are my revolt, my freedom, and my passion. By the mere activity of consciousness I transform into a rule of life what was an invitation to death—and I refuse suicide. I know, to be sure, the dull resonance that vibrates throughout these days. Yet I have but a word to say: that it is necessary. ...

The preceding merely defines a way of thinking. But the point is to live.

The Myth Of Sisyphus

The gods had condemned Sisyphus to ceaselessly rolling a rock to the top of a mountain, whence the stone would fall back of its own weight. They had thought with some reason that there is no more dreadful punishment than futile and hopeless labor. ...

Nothing is told to us about Sisyphus in the underworld. Myths are made for the imagination to breathe life into them. As for this myth, one sees merely the whole effort of a body straining to raise the huge stone, to roll it, and push it up a slope a hundred times over; one sees the face screwed up, the cheek tight against the stone, the shoulder bracing the clay-covered mass, the foot wedging it, the fresh start with arms outstretched, the wholly human security of two earthclotted hands. At the very end of his long effort measured by skyless space and time without depth, the purpose is achieved. Then Sisyphus watches the stone rush down in a few moments toward that lower world whence he will have to push it up again toward the summit. He goes back down to the plain.

It is during that return, that pause, that Sisyphus interests me. A face that toils so close to stones is already stone itself! I see that man going back down with a heavy yet measured step toward the torment of which he will never know the end. That hour like a breathing-space which returns as surely as his suffering, that is the hour of consciousness. At each of those moments when he leaves the heights and gradually sinks toward the lairs of the gods, he is superior to his fate. He is stronger than his rock.

If this myth is tragic, that is because its hero is conscious. Where would his torture be, indeed, if at every step the hope of succeeding upheld him? The workman of today works everyday in his life at the same tasks, and his fate is no less absurd. But it is tragic only at the rare moments when it becomes conscious. Sisyphus, proletarian of the gods, powerless and rebellious, knows the whole extent of his wretched condition: it is what he thinks of during his descent. The lucidity that was to constitute his torture at the same time crowns his victory. There is no fate that cannot be surmounted by scorn.

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If the descent is thus sometimes performed in sorrow, it can also take place in joy. This word is not too much. Again I fancy Sisyphus returning toward his rock, and the sorrow was in the beginning. When the images of earth cling too tightly to memory, when the call of happiness becomes too insistent, it happens that melancholy arises in man's heart: this is the rock's victory, this is the rock itself. The boundless grief is too heavy to bear. These are our nights of Gethsemane. But crushing truths perish from being acknowledged. ...

One does not discover the absurd without being tempted to write a manual of happiness. ... Happiness and the absurd are two sons of the same earth. They are inseparable. It would be a mistake to say that happiness necessarily springs from the absurd discovery. It happens as well that the felling of the absurd springs from happiness. ...

All Sisyphus' silent joy is contained therein. His fate belongs to him. His rock is a thing. Likewise, the absurd man, when he contemplates his torment, silences all the idols. In the universe suddenly restored to its silence, the myriad wondering little voices of the earth rise up. Unconscious, secret calls, invitations from all the faces, they are the necessary reverse and price of victory. There is no sun without shadow, and it is essential to know the night. The absurd man says yes and his efforts will henceforth be unceasing. If there is a personal fate, there is no higher destiny, or at least there is, but one which he concludes is inevitable and despicable. For the rest, he knows himself to be the master of his days. At that subtle moment when man glances backward over his life, Sisyphus returning toward his rock, in that slight pivoting he contemplates that series of unrelated actions which become his fate, created by him, combined under his memory's eye and soon sealed by his death. Thus, convinced of the wholly human origin of all that is human, a blind man eager to see who knows that the night has no end, he is still on the go. The rock is still rolling.

I leave Sisyphus at the foot of the mountain! One always finds one's burden again. But Sisyphus teaches the higher fidelity that negates the gods and raises rocks. He too concludes that all is well. This universe henceforth without a master seems to him neither sterile nor futile. Each atom of that stone, each mineral flake of that night-filled mountain, in itself forms a world. The struggle itself toward the heights is enough to fill a man's heart. One must imagine Sisyphus happy.